



## Developing Young Theatre Artists

Taking part in a Theatre Gargantua workshop offers students an illuminating experience into the creation of original performance. Our workshop techniques are based on structured improvisation, allowing students the freedom to explore and expand their artistic boundaries.

As an ensemble, students discover physical, textual and vocal compositional skills, and are encouraged to follow their creative impulses, developing their own movement, text and song. By the conclusion of the workshop, students will be challenged to integrate all elements, shaped through Theatre Gargantua's signature style of multidisciplinary theatre.

Workshops are ideally suited for drama, dance and music students in secondary and post-secondary schools, and can be adapted to specific curriculum activities and goals. Ultimately, students who participate in a workshop are equipped with new skills and techniques in creating theatre, which can be incorporated into their own performance work.

### WORKSHOP COMPONENTS

#### *Physical Training*

Our physical training emphasizes core-body strengthening using Pilates exercise methods. Basic acrobatic work develops body awareness and encourages students to be involved and responsible in partner and group work. Students are introduced to the first stages of creating and choreographing allegorical movement.



#### *Vocal Training*

It is our belief that song serves as one of the most powerful performance elements. We structure our vocal training in such a way to promote singing and vocalizing as a natural source of expression. Students will explore their voices through melody and rhythm, while learning methods of song creation, in a non-threatening, encouraging environment.

#### *Text Exploration*

Working with either found or original text, participants will be encouraged to explore the different interpretations that exist. Students will develop performance skills, enabling them to combine their text-work with music, rhythm and movement.

**"It's not hard being creative as long as you believe in yourself, anything is possible" - Student participant, 2013**

**"I learned to be brave and fearless on stage in front of the members of the group, self confidence and the ability to adapt." - Student participant**

### STAGING AND TECHNOLOGY WORKSHOP!

This new Gargantua workshop integrates technology into our physical theatre workshops, allowing youth to explore the use of technology as a player on the stage and as a course of expression and adaptation. Students will learn the basics of how to create and compose with technology.